

**MAHARASHTRA STATE BOARD OF VOCATIONAL EDUCATION EXAMINATION, MUMBAI**

1	Name of Course	Certificate Course in Physical Education								
2	Max no. of Students	25	Course Code - 404401							
3	Duration	2 year								
4	Course Type	Full Time								
5	No. of Days per week	6 days								
6	No. of hours per day	7 Hrs								
7	Space require	Theory Class Room – 200 sqft + Sport Ground								
8	Entry qualification	S.S.C. Pass								
9	Objective of syllabus	To create awareness of the necessity for vigour and efficiency through physical fitness. To develop knowledge and understanding of the requirements of healthy living, nutrition, exercise and relaxation. To develop spirit of courtesy, sportsmanship, social skills, democratic conduct and ideals. To develop appreciation of the aesthetics and cultural aspects of movement.								
10	Employment opportunities	Can work as Physical Education Teacher, Sports activity manager, sportsman, referee etc								
11	Teachers Qualification	For Vocational Subject - B. P.Ed. + 2 year experience or Equivalent and for Non Vocational Subject Master Degree in concern Subject.								
12] Teaching Scheme –										
Ppr		Subject Code	Clock Hours / Week		Total					
			Theory	Practical						
1	English (Communication Skill)	90000001	2 Hrs	1 Hrs	3 Hrs					
2	Elective – I		2 Hrs	1 Hrs	3 Hrs					
3	Elective – II		2 Hrs	1 Hrs	3 Hrs					
4	SOCIOLOGICAL ASPECT OF PHYSICAL EDUCATION	40440001	3 Hrs	8 Hrs	11 Hrs					
5	HEALTH and SAFETY EDUCATION	40440002	3 Hrs	8 Hrs	11 Hrs					
6	Organisation & Administration of Physical Education	40440003	3 Hrs	8 Hrs	11 Hrs					
Total					42 Hrs					
13	Internship	Two Month Summer Internship from 1st May to 30th June is Compulsory.								
14] Examination Scheme – Final Examination will be based on syllabus of both years.										
P	Subject	Subject Code	Theory			Practical			Total	
			Duration	Max	Min	Duration	Max	Min	Max	Min
1	English ( Communication Skill)	90000001	3 Hrs	70	25	3 Hrs	30	15	100	40
2	Elective – I		3 Hrs	70	25	3 Hrs	30	15	100	40
3	Elective – II		3 Hrs	70	25	3 Hrs	30	15	100	40
4	SOCIOLOGICAL ASPECT OF PHYSICAL EDUCATION	40440001	3 Hrs	100	35	3 Hrs	100	50	200	85
5	HEALTH and SAFETY EDUCATION	40440002	3 Hrs	100	35	3 Hrs	100	50	200	85
6	Organisation & Administration of Physical Education	40440003	3 Hrs	100	35	3 Hrs	100	50	200	85
Total									900	375
15	Teachers – Three Teachers per batch for vocational component. For English, Elective-I & II guest faculty on clock hour basis.									
16 Student have to choose any one subject for Elective-I and Elective-II from below given subjects										
17	a) For Elective I – Student can choose any one subject					b) For Elective II – Student can choose any one subject				
	Code Subject Name					Code Subject Name				
	90000011 Applied Mathematics					90000021 Applied Sciences (Physics & Chemistry)				
	90000012 Business Economics					90000022 Computer Application				
	90000013 Physical Biology (Botany & Zoology)					90000023 Business Mathematics				
	90000014 Entrepreneurship									
90000015 Psychology										

**Subject Name : English (Communication Skill) - 1<sup>st</sup> Year**

**(Subject code : 90000001)**

**1) PROSE**

	TOPIC	AUTHOR	
1	SPOKEN ENGLISH AND BROKEN ENGLISH	GEORGE BERNARD SHAW	
2	THE HOMECOMING	RABINDRANATH TAGORE	
3	WHAT WE MUST LEARN FROM THE WEST	N.R. NARAYAN MURTHY	
4	AFTER 20 YEARS	O .HENRY	
5	THE HAPPY PRINCE	OSCAR WILDE	

**2) POETRY**

1	IF	RUDYAR KIPLING	
2	BABY'S WORLD	RABINDRANATH TAGORE	
3	POISON TREE	WILLIAM BLAKE	
4	PSALM OF LIFE	H.W.LONGFELLOW	
5	HOPE	SIDDHARTH ANAND	

**3) GRAMMER**

		EXCERCISES
PARTS OF SPEECH NOUNS : KINDS OF NOUNS AND USAGES PRONOUNS	INTRODUCTION AND EXPLANATION	SENTENCE CORRECTIONS

PREPOSITIONS		
ADJECTIVES		
CONJUNCTION		
VERB		
ADVERB		
INTERJECTION		
ARTICLES / APOSTROPHES		
DIRECT /INDIRECT SPEECH		
HOMONYMS/HOMOPHONES		
FIGURES OF SPEECH		
LETTER WRITING – FORMAL AND INFORMAL		
COMPREHENSIONS		
EMAIL AND BUSINESS LETTERS (FORMAT TO BE TAUGHT WHICH IS USED IN WORKPLACE )		
COMPOSITIONS		

#### **4) NON DETAIL**

My experiments with truth – M.K.GANDHI

(an autobiography)

#### **5) PRACTICAL**

PRACTICALS – 30 MARKS

(BASED ON PERSONAL ENHANCEMENT)(THROUGH SKITS/CHARTS/FLASH CARDS/SKITS/PRACTICAL PROJECT )

**OBJECTIVE : GROOMING THE STUDENT TOWARDS HIS CAREER.**

**AT THE END OF EACH TOPIC, THE STUDENT HAS TO HAVE BENEFITTED FROM IT.**

## **KNOW THYSELF**

**GOAL SETTING HELP STUDENTS IDENTIFY THEIR OWN GOALS AND THUS LINK TO THEIR CAREERS AS PART OF CURRICULUM**

## **TIME MANAGEMENT**

## **TEAM WORK**

## **INTERPERSONAL COMMUNICATION**

## **GENERAL KNOWLEDGE/ QUIZ BASED ON THEIR SUBJECT**

## **SPOKEN ENGLISH**

**English (Communication Skill) – 2<sup>nd</sup> year.**

### **1) PROSE**

	TOPIC	AUTHOR	
1	SPEECH AT CHICAGO	SWAMI VIVEKANANDA	
2	THE CASE FOR THE DEFENCE	GRAHAM GREENE	
3	WAITING FOR THE BUDDHA		
4	WATER – THE ELIXIR OF LIFE	C.V.RAMAN	
5	A HORSE AND TWO GOATS	R.K.NARAYAN	

### **2) POETRY**

1	ROAD NOT TAKEN	ROBERT FROST	
2	Even this shall pass		
3	TO INDIA	SAROJINI NAIDU	
4	ALL THE WORLDS A STAGE	WILLIAM SHAKESPEARE	
5	A PRAYER FOR MY MOTHERS BIRTHDAY	HENRY VAN DYKE	

### 3) GRAMMER

		<b>EXCERCISES</b>
<b>PARTS OF SPEECH</b> <b>NOUNS : KINDS OF NOUNS AND USAGES</b> <b>PRONOUNS</b> <b>PREPOSITIONS</b> <b>ADJECTIVES</b> <b>CONJUNCTION</b> <b>VERB</b> <b>ADVERB</b> <b>INTERJECTION</b>	Different usages on the lines of competitive exams	<b>SENTENCE CORRECTIONS</b>
<b>ARTICLES / APOSTROPHES</b>		
<b>DIRECT /INDIRECT SPEECH</b>		
<b>HOMONYMS/HOMOPHONES</b>		
<b>FIGURES OF SPEECH</b>		
<b>LETTER WRITING – FORMAL AND INFORMAL</b>		
<b>COMPREHENSIONS</b>		
<b>EMAIL AND BUSINESS LETTERS (FORMAT TO BE TAUGHT WHICH IS USED IN WORKPLACE )</b>		
<b>COMPOSITIONS</b>		

#### **4) NON DETAIL**

MY EXPERIMENTS WITH TRUTH – M.K.GANDHI

#### **5) PRACTICALS**

CAREER CHART.(DEPENDING ON THE STREAM CHOSEN BY THE STUDENT)

ETIQUETTE FOR INTERVIEWS

BODY LANGUAGE

BUSINESS LETTERS

PRESENTATIONS

MARKING SCHEME :

PROSE : 20

POETRY : 15

GRAMMAR : 25

NON DETAIL : 10

PRACTICALS : 30

## Elective 1 : Applied Mathematics - 1<sup>st</sup> Year

(Subject code : 90000011)

Theory	Practical
<b>Detailed Syllabus:</b> <b>1.0. Trigonometric ratios</b> 1.1. Angles & its measurements 1.2. Trigonometric ratios 1.3. Relation between degree and radian. 1.4. Fundamental identities. 1.5. Examples based on Fundamental Identities 1.6. Trigonometric ratios of compound angles 1.7. Factorization formulae 1.8. Inverse trigonometric functions 1.9. Properties of a Triangle	<b>Detailed Syllabus:</b> Solve problems on:  1) Conversion of radian to degree 2) Conversion of degree to radian
<b>2.0. Plane co-ordinate geometry</b> 2.1. Locus 2.2. Line	
<b>3.0 Vectors and Linear Equalities</b> 3.1. Definition of vector, position vector 3.2. Algebra of vectors (Equality, addition, subtraction and scalar multiplication) 3.3. Dot (Scalar) product with properties. 3.4. Vector (Cross) product with properties. 3.5. Solutions of Linear inequalities in one variable and two variables	
<b>4.0. Determinants and Matrices</b> 4.1. Definition and expansion of determinants of order 2 and 3. 4.2. Cramer's rule to solve simultaneous equations in 2 and 3 unknowns 4.3. Definition of a matrix of order $m \times n$ . 4.4. Types of matrices. 4.5. Algebra of matrices such as equality, addition, Subtraction, scalar multiplication and multiplication.	Solve problems on Cramer's rule

<p>4.6. Transpose of a matrix.</p> <p>4.7. Minor, cofactor of an element of a matrix, adjoint Of matrix and inverse of matrix by adjoint method.</p> <p>4.8. Solution of simultaneous equations containing 2 and 3 unknowns by matrix inversion method.</p>	
<p><b>5.0 Statistics and Probability</b></p> <p>5.1. Measure of dispersion; mean deviation, variance and standard deviation of ungrouped/grouped data.</p> <p>5.2. Analysis of frequency distributions with equal means but different variances.</p> <p>5.3. Random experiments: outcomes, sample spaces (set representation).</p> <p>5.4. Events: occurrence of events, 'not', 'and' and 'or' events, exhaustive events, mutually exclusive events</p> <p>5.5. Probability of an event, probability of 'not', 'and' &amp; 'or' events.</p>	State and prove Baye's theorem
<p><b>6.0. Set Relations &amp; Functions</b></p> <p>6.1. Types of functions</p> <p>6.2. Domain, Co – domain, Range of a function</p> <p>6.3. Composite and Inverse functions</p> <p>6.4. Graphs of functions</p>	Solve problems on Graphs
<p><b>7.0. Logarithms</b></p> <p>7.1. Introduction and Definition</p> <p>7.2. Laws of logarithms</p> <p>7.3. Numerical problems based on multiplication, division and power.</p>	Solve problems on power law
<p><b>8.0. Complex Numbers and Quadratic equations</b></p> <p>8.1. Complex Numbers in the form of <math>a+ib</math></p> <p>8.2. Modulus, Complex conjugate, Argument of complex numbers</p> <p>8.3. Algebra of complex numbers</p> <p>8.4. Square root of complex numbers</p> <p>8.5. Argand diagram</p>	



8.6. Nature of roots 8.7. Sum and product of roots 8.8. Formation of quadratic equation 8.9. Symmetric functions of roots 8.10. Cube roots of unity	
<b>9.0. Sequences and Series</b> 9.1. Definition of a sequence 9.2. Geometric Progression and Arithmetic Progression 9.3. Arithmetic mean, Geometric mean, harmonic mean 9.4. Special Series	1) <b>Proof of arithmetic progression and geometric progression</b> 2) <b>Proof of arithmetic mean and geometric mean</b>
<b>10.0 Permutations and Combinations</b> 10.1. Factorial notation 10.2. Fundamental principle of counting 10.3. Permutation 10.4. Combinations	
<b>11.0 Mathematical Induction and binomial theorem</b> 11.1. History, statement, Proof of Binomial theorem for positive integral indices, Pascal's triangle, general and middle term in binomial expansion 11.2. Principle of mathematical induction and it's application 11.3. Simple applications	<b>Proof of Binomial theorem</b>

## Elective 1 : Applied Mathematics - 2 nd Year

(Subject code : 90000011)

Theory	Practical
<b>Detailed Syllabus :</b> <b>1.0. CALCULUS: Limits and Continuity</b> 1.1. Definition of a limit 1.2. Algebra of limits 1.3. Standard limits 1.4. Limit at infinity and infinite limits 1.5. Continuity of a function at a point 1.6. Algebra of continuous functions 1.7. Continuity in interval 1.8. Continuity of some standard functions	<b>Detailed Syllabus</b> 1) Theorem on a limit of a sequence 2) Theorem on continuity in interval
<b>2.0. Differentiation</b> 2.1. Derivative using first principle 2.2. Rules of Differentiation 2.3. Derivatives of standard functions 2.4. Derivatives of logarithmic and exponential functions 2.5. Derivative of composite functions 2.6. Derivative of Inverse functions 2.7. Derivative of implicit and parametric functions 2.8. Second order derivatives	Proof of derivative using the first principle with the help of an example
<b>3.0. Applications of Derivatives</b> 3.1. Geometrical applications 3.2. Derivative as a rate of change measure 3.3. Approximations 3.4. Maxima and Minima	
<b>4.0. Integration</b> 4.1. Definition of an integral of a function 4.2. Integrals of some standard functions 4.3. Rules of integration 4.4. Indefinite Integration 4.5. Definite Integration	Solve problems on definite integration

<b>5.0 Application of Definite Integrals</b> 5.1. Area under the curve 5.2. Volume of solid of revolution	
<b>6.0. Differential equations</b> 6.1. Definition 6.2. Formation of differential equations 6.3. Solution of first order and first degree differential equations 6.4. Applications of differential equations	Solve problems on first order and first degree differential equations
<b>7.0 Numerical Methods</b> 7.1. Definition of various operators and relation between the operators 7.2. Interpolation methods 7.3. Numerical integration	
<b>8.0. Mathematical Logic</b> 8.1. Statements and logical connectives 8.2. Statement Pattern and Logical equivalence 8.3. Application of logic	
<b>9.0. Geometry</b> 9.1. Pair of straight lines passing & not passing through origin 9.2. <b>Circle:</b> definition, Tangent and Normal <b>9.3. Conic:</b> Equation of Conics 9.4. <b>Three Dimensional Geometry:</b> Direction Cosines and ratios, Line, Plane	
<b>10.0. Linear Programming Problems</b> 10.1. Linear Programming Problems 10.2. Simplex Method	Solve problems on simplex method
<b>11.0. Boolean Algebra</b> 11.1. Boolean Algebra as an algebraic structure Algebra 11.2. Principle of Duality 11.3. Boolean function & switching circuits 11.4. Application of Boolean Algebra to switching circuits	State and explain the principle of duality

**Elective - I - Business Economics – 1<sup>st</sup> year**  
**(Subject Code – 90000012)**

Theory	Practical
<p>Detailed Syllabus :</p> <p><b>1. Introduction to Economics –</b></p> <p>1.1 Meaning &amp; Scope -</p> <p>1.2 Relevance of Economics to different disciplines  - Economics &amp; Management, Economics &amp; Law-  Economics and Humanities –</p> <p>1.3 Micro Economics and Macro economics</p>	<p>1) Prepare a project on usefulness of micro – economics.</p> <p>2) Prepare a project on usefulness of micro – economics.</p> <p>3) Conduct a GD on the importance of Micro Economics and Macro Economics</p>
<p><b>2. Macro Economics –</b></p> <p>2.1 Meaning, Definition and Features.</p> <p>2.2 Aggregates-Nature of Aggregates , problems of Aggregation.</p> <p>2.3 National Income, Meaning, Definition of National Income Different National Income Concepts</p> <p>2.4. Estimation of National Income – Methods and Difficulties</p>	<p>1) Prepare a PPT presentation on macro-economics, National Income and how it is computed and the difficulties in measuring National Income.</p> <p>2) Prepare a chart on the circular flow of National Income.</p> <p>3) Make a comparative study of closed economy and open economy.</p> <p>4) Conduct a case study of 5 individual families and find out the Disposable income to the individuals.</p>
<p><b>3. Determinants of Aggregates</b></p> <p>3.1. Aggregate Demand and their components</p> <p>3.2 Aggregate Supply and their components</p>	<p>Prepare a chart on the components of aggregate demand.</p> <p>Conduct a GD on Keynes theory of employment and principles of effective demand.</p> <p>Take 2 or 3 case studies on entrepreneurship and discuss to what extent they provide employment to people.</p>
<p><b>4. Money and Banking</b></p> <p>4.1 Meaning, definitions and functions of Money</p> <p>4.2 Commercial Banks: Meaning and Functions.</p> <p>4.3 Central Banks: Meaning and Functions.</p>	<p>Find out RBI's concept of money supply.</p> <p>A visit to various financial institutions.</p> <p>A visit to a rural bank, cooperative bank, commercial bank.</p> <p>A visit to the RBI Training college, NABARD OR IDBI</p> <p>Further For the first year the practical will consist developing familiarity with banking functions and will comprise Of what are different types of banking services, facilities, available to individuals/organizations? (to increase the financial literacy)</p> <p>how to open a bank account?</p> <p>different investments like – FD,MF</p> <p>facilities for financial inclusion</p>
<p><b>5 Public Economics</b></p> <p>5.1 Government Budget and the Economy  Government Budget – Meaning and its components</p> <p>5.2 Types of Government Budget – Balanced, Surplus and Deficit.</p>	<p>Prepare a report on sources of revenue in the budget of local Government. Comment.</p> <p>Conduct of GD on last year's government budget.</p> <p>Find out how a private budget/ finance differs from public budget/ finance</p> <p>Prepare hypothetical master budget for an imaginary company and discuss how you have allocated the funds for each department.</p> <p>Prepare a separate budget for production, personnel and administration, finance, marketing, advertising, etc.</p>

<b>6. International Trade</b> 6.1 Comparative cost principal of International Trade. 6.2 Free trade Advantages, Disadvantages 6.3 Protectionist trade advantages, Disadvantages	1) Collect data on India's direction of trade 2) Collect data on India's trade Composition
<b>Theory</b>	<b>Practical</b>
<b>Detailed Syllabus :</b> 7.1. Concepts of Economic Growth and Economic Development 7.2 Indicators of Economic Development Monetary indicators 7.3 Human Development indicators	1) To make a project on discrepancies in India's economic growth and development. 2) Discuss the patterns of education among women in the post independence period. 3) Collect information on Human Development Index for different Indian states.
<b>8.0. Structural Changes in the Indian Economy since 1991.</b> 8.1 Economic reforms since 1991: Need and main features, Liberalization, privatization and Globalization. Their impact on Indian Agriculture, Industries and Service Sector. 8.2 Economic Planning – Meaning and Objectives 8.3 Achievements and Failures of 10th Five – Year Plan	1) Conduct a GD on the New Economic Policy, 19991 and its impact on the various sectors. 2) Visit to Agricultural Produce Market Committee to study the price Fixation of agricultural commodities. 3) Collection of market intelligence of agricultural commodities from newspaper and journals. 4) A visit to a cottage industry, small scale industry, large scale industry. 5) A visit to a MNC. Prepare an assignment on the WTO.
9.0. Current Challenges of Indian Economy 9.1 Problem of Population Explosion in India Causes, Effects and Remedial Measures to remove these problems 9.2 Problem of Poverty in India Causes, Effects and Remedial Measures to remove these problems 9.3 Problem of Unemployment in India Causes, Effects and Remedial Measures to remove these problems	Conduct a GD on population explosion and its impact. Prepare a comparative chart on employment in India during the five year plans. Conduct a GD to find out measures for poverty alleviation. Make ppt presentation on population explosion, poverty, unemployment.
10.0. Infrastructural Development in India 10.1 Transport and Communication, 10.2 Energy, 10.3 Health and Education	Prepare a project report on recent trends in communication. Prepare transport documents of trade namely goods forwarding note, lorry receipt, delivery challan, railway receipt, mates receipt, Bill of lading, airway bill, etc. Conduct case studies on different energy companies like Carin India, Power Corporation of India, Reliance Energy, Coal India ltd. Collect secondary data on health and education.

**Elective - I - Business Economics – 2 nd year**  
**(Subject Code – 90000012)**

Theory	Practical
<b>. Introduction Micro Economics –</b> 1.1 Meaning, Definition ,Nature 1.2 Tools of Analysis, 1.3 Role of Assumptions	1) Conduct a GD on the usefulness of Micro economics 2) Prepare a PPT on the role of assumptions in Economics
<b>Consumer Behaviour and Demand Analysis</b> 2.1 Concept of Utility, Total and Marginal Utility, Law of Diminishing Marginal Utility. Law of Equi – marginal Utility. 2.2 Concept of demand, Types of demand, Determinants of Market demand, Law of demand. 2.3 Price elasticity of demand – Concept and Importance	1) Make a ppt presentation on U. TU, MU, Law of diminishing marginal utility and law of equi – marginal utility. 2) Conduct a GD to substantiate the point that consumer behaviour mainly depends on economic theories. 3) Conduct a case discussion on elasticity of demand. 4) A visit to a mall/ departmental store to study consumer behaviour.
<b>Producer Behaviour and Supply Analysis.</b> 3.1 Meaning of Supply 3.2 Market Supply 3.3 Determinants of Market Supply and Law of Supply.	1) Make a PPT differentiating total output, Stock and Supply concepts. 2) Make chart on law of supply with schedules and supply curve. 3) Prepare a project receipt on the Law of supply. 4) Conduct a case discussion on the elasticity of supply.
<b>Forms of Market and Price Determination,</b> 4.1 Perfect competition 4.2 Monopoly and Monopolistic Competition – Meaning and Features 4.3 Price Determination under Perfect Competition	1) Conduct a discussion on ‘prevalence of one price is the best test of perfect competition’ 2) A visit to various markets to study the competition. 3) Write a report on the features of buyers market and sellers market.
<b>Factors of Production</b> 5.1 Meaning and Features of Land as a factor of production, 5.2 Labour as a factor of production, 5.3 Capital as a factor of production, 5.4 Entrepreneur, Qualities and functions of entrepreneur.	1) A visit to SISI, DIC to study about entrepreneurship. practical will consist of: <ul style="list-style-type: none"> <li>• Preparing a project report</li> <li>• How to start a business</li> <li>• Collecting information about Permission/ Licenses required from various government agencies/ authorities</li> <li>• Conducting proto type market surveys using the above statistical tools</li> <li>• Preparing questionnaires for different types of market surveys</li> </ul> 2) Prepare a project report on how to start an industry with financial details. 3) Conduct an interview with successful entrepreneurs. 4) Prepare a questionnaire for entrepreneurs. 5) Find out the problems faced by informal sector labour and prepare a report.

<b>Section II</b>	
6.1 Meaning, Scope and Importance of Statistics in Economics	<ol style="list-style-type: none"> <li>1) Analyze the charts and diagram various statistical reports.</li> <li>2) Collect secondary data from journals, magazines and newspapers.</li> </ol>
<b>Collection and organization of data</b> 7.1 Collection of data – primary and secondary 7.2 Methods of data collection – primary methods – Observation, Interview, Methods of secondary data – Census and sampling, Random sampling. 7.3 Organization of data – Census and sampling, Random sampling.	<ol style="list-style-type: none"> <li>1) Preparation of questionnaire for personal survey method, telephone interview and mail survey.</li> <li>2) Select sample respondents and conduct socio – economic survey, marketing survey, etc.</li> <li>3) Choose suitable sampling method to conduct the survey.</li> <li>4) Classification of collected data, tabulation of data and analysis and interpretation of data.</li> </ol>
<b>Graphical presentation of Data</b> 8.1 Tables – Components and Types 8.2 Graphs – Curves, Bar diagrams, 8.3 Pie – diagrams.	<ol style="list-style-type: none"> <li>1) Prepare a project report using statistical techniques, graphs, etc.</li> <li>2) Prepare a bar diagram for the data collected.</li> <li>3) Prepare pie charts.</li> </ol>
<b>Measures of Central Tendency</b> 9.1 Mean 9.2 Median 9.3 Mode	<ol style="list-style-type: none"> <li>1) Solve practical problems of mean, median, etc.</li> </ol>

**Elective - I PHYSICAL BIOLOGY (Botany & Zoology) – 1<sup>st</sup> Year**  
**(Subject Code : 90000013)**

Theory	Practical
<b>Detailed Syllabus :</b>  <b>1.0. General Biology</b> 1.1. Definition and its concept  1.2. Living World: Nature and scope of Biology  1.3. Cell and Cell division: Structure of the cell, Cell division  1.4. Main features of life and its characteristics (Irritability, Homeostasis, Adaptations, Reproduction and Growth & death.  1.5. Origin and evaluation of life  1.6. Theories of evaluation of life, origin of life, special creation, spontaneous generation, Abiogenesis, Evidences of organic evolution paleontological anatomical & embryological  1.7. Study of Tissues	Study of cells and tissues
<b>2.0. Introduction to Botany</b>  2.1 Origin, development and scope of Botany 1.2 Classification and its need 1.3 Nomenclature 1.4.Taxonomic Hierarchy  1.5. Five Kingdom system of classification  1.6. Two Kingdom system of classification  1.7. Thallophyta, Bryophyta and Pteridophyta  1.8. Gymnosperms, Angiosperms	Study of angiosperms and gymnosperms
<b>3.0. Vegetative Morphology of plants</b>  3.1.Root: Root System – types, modifications of root (storage roots, velaman roots, photosynthetic roots, respiratory roots, parasitic roots, nodular roots) 3.2 Stem: Characteristics and Functions of the stem Modifications of the stems (Aerial – Tendrils, Thorns, Hooks, Phylloclade, Tuberous stems, Bulbils: Sub Aerial – Runners, Stolons, Suckers, Offsets: Underground – Rhizome, Corm, Stem	Study of the structure of a plant(root, stem, leaf)



<p>Tuber, Bulb)</p> <p>3.3 Leaf: Parts and Functions (Types and Modifications of leaf base, stipule, petiole are excluded) Venation Types of leaves (simple and compound) Phyllotaxy (alternate, opposite, Whorled) Modifications of leaves (tendrils, spines, scale leaves, Phyllode, reproductive leaves, trap leaves (details of Nepenthes only)</p>	
<p><b>4.0. Reproductive Morphology of plants</b></p> <p>4.1. Inflorescence – Types (racemose, cymose, special)</p> <p>4.2. Flower – Parts, Sex Distribution, Symmetry,</p> <p>Position of Gynoecium, detailed description of flower (perianth, calyx, corolla, aestivation, androecium – parts, fixation, dehiscence of anther, lengths of stamens, union of stamens), gynoecium – number of carpels, fusion of carpels (excluding variations under syncarpous), ovary – number of locules, placentation, types of styles, stigma.</p>	

<p><b>SECTION B - ZOOLOGY</b></p> <p><b>5.0. General Biology of Living world</b></p> <p>5.1. Main features of life and its characteristics (Irritability, Homeostasis, Adaptations, Reproduction and Growth &amp; death.</p> <p>5.2. Origin and evaluation of life</p> <p>5.3. Theories of evaluation of life, origin of life, special creation, spontaneous generation, Abiogenesis, Evidences of organic evolution paleontological anatomical &amp; embryological</p> <p>5.4. Study of Tissues</p>	
<p><b>6.0 Diversity of life</b></p> <p>6.1 Study and Classification of animals</p>	<p>Classification of animals</p>
<p><b>7.0. Genetics</b></p>	
<p><b>7.0 Study of Phylum: Chordata</b></p> <p>7.1 General characters and out line classification of Chordata up to classes with typical examples.</p> <p>7.2 Fishes: Distinctive features of cartilaginous and Bony fishes with typical examples.</p> <p>7.3 Amphibia: Distinctive features of Urodela, Anura and Apoda with typical examples</p>	<p>Study of amphibians</p>

<p><b>8.0 Study of Reptiles, Aves and Mammals</b></p> <p>8.1 Reptiles: Distinctive characters of Squamata, Rhynchocephalia, Crocodilia and Chelonia with typical examples.</p> <p>8.2 Identification of Poisonous and Non- Poisonous Snakes, Poison apparatus, toxicity of Snake venom and treatment of snake bite including the first aid.</p> <p>8.3 Aves: Distintive features of Carinatae and Ratitae with typical examples.</p> <p>8.4 Mammals: Distinctive features of Prototheria , Metatheria and Eutheria.</p>	<p>1) Study of mammals</p> <p>2) study of reptiles</p>
<p><b>9.0 Anatomy of Earthworm</b></p> <p>9.1. General characteristics of earthworm</p> <p>9.2. Digestive and reproductive system</p> <p>9.3. Inter-relation of earthworm with mankind</p>	<p>Study of earthworm</p>

**Elective - I PHYSICAL BIOLOGY (Botany & Zoology) – 2<sup>nd</sup> Year**  
**(Subject Code : 90000013)**

Theory	Practical
<b>Detailed Syllabus : SECTION A - BOTANY</b>  <b>1.0. Reproduction in Angiosperms</b>  1.1 Introduction 1.2 Microsporogenesis and development of male gametophyte 1.3 Ovule – structure, types, megasporogenesis, development of embryo sac 1.4 Pollination – Types, Contrivances of cross and self pollination. Agents of Pollination (definition with one example only) 1.5 Fertilization: Post Fertilization changes including seed structure (dicot, Monocot) and types of germination (epigeal, hypogeal & vivipary – definitions with one example)	Detailed Syllabus  Study of reproduction in angiosperms in details
1.6 Fruits: – Classification; false fruits, true fruits – simple (fleshy fruits – berry, pome, pepo, hesperidium, drupe: Dry fruits – dehiscent - legume, septicidal capsule, septifragal capsule, loculicidal capsule: Indehiscent – caryopsis, cypsela, nut: schizocarpic – lomentum, schizocarp), Aggregate and multiple fruits	
<b>2.0. Plant Taxonomy</b>  2.1 Introduction – alpha and omega taxonomy , aspects of taxonomy, flora, herbaria, botanical gardens (RBG – KEW , IBG – Kolkatta, NBG – Lucknow), binomial nomenclature, ICBN, Types of classification, Units of classification, brief account of Bentham and Hookers classification 2.2 Study of Malvaceae 2.3 Study of Fabaceae 2.4 Study of Solanaceae 2.5 Study of Liliaceae	
<b>3.0. Internal Organization of plants</b>  3.1 Tissues – Types (meristematic and permanent ) and Functions 3.2 Internal Structure of Dicot Root (Primary) and Monocot root 3.3 Internal Structure of Dicot Stem (Primary) and Monocot stem 3.4 Internal Structure of leaf (Dicot and Monocot) 3.5 Secondary Growth in Dicot Stem	Study of monocot and dicot stem
<b>4.0. Genetics</b> 4.1 Introduction to genetics 4.2 Mendel's Principles – Monohybrid, Dihybrid cross, Concept of probability in relation to Mendel's laws 4.3 Linkage and crossing over (only concept and significance) 4.4 Mutations – gene and chromosomal (only definitions of terms: – spontaneous, induced, chromosomal structural and chromosomal numerical changes)	<b>Mendel's principle</b>

<b>SECTION B - ZOOLOGY</b>  <b>5.0. Morphology of Humans</b>  5.1. Nutrition and respiration in man  5.2. Locomotion in man  5.3. Study of Human Skeleton	<b>Study of human skeleton(Bone theory)</b>
<b>6.0 Physiology of Humans</b>  6.1. Circulation  6.2. Osmoregulation and excretion  6.3. Nervous co – ordination  6.4. Hormonal co – ordination	<b>1) Study of hormones</b>  <b>2) study of circulation and excretion(diagrammatic chart)</b>
<b>7.0 Reproduction, growth and development</b> 7.1. Details of Reproduction and human development	<b>Study of reproduction in humans</b>
<b>8.0 Biology in Human welfare</b>  8.1. Aquaculture: List of animals of aquacultural importance in Tabular form only  8.2. Poultry: Poultry farming methods, Layers and Broilers, Poultry diseases (Bacterial,Viral and Fungal - Three each)  8.3. Study of diseases: AIDS, Cancer, Typhoid  8.4. Immunity system  8.5. Biotechnology ( Elementary aspects)  8.6. Applications of Biology: Vermiculture and Fishery	<b>Study of various diseases</b>

# Subject Name : ENTREPRENEURSHIP – 1<sup>st</sup> Year

(Subject code : 90000014)

Theory	Practical
<b>Detailed Syllabus :</b> <b>1.0. Entrepreneurship</b> 1.1. Concept, Functions and need 1.2. Entrepreneurship: Characteristics and Competency 1.3. Relevance of Entrepreneurship to Socio-Economic Gain: generating National Wealth, creating Wage and Self -Employment, Micro, Small and Medium Enterprises, Optimizing Human and Natural Resource and Solving Problems in the path of prosperity, building enterprising Personality and Society. 1.4. Process of Entrepreneurship Development.	<b>Detailed Syllabus</b> I. Study visit by students to any enterprise of own choice. With the help of a schedule/questionnaire the students will record observation regarding – the background of entrepreneur, reasons for selecting the entrepreneurial career, starting the enterprise, the type of enterprise, the process of setting this enterprise, products/services, production process, investment made and marketing practices followed, profit or loss, growth and development, problems faced, institutions/organizations which offer support and entrepreneur's level and type of satisfaction.
<b>2.0. Entrepreneurial Pursuits and Human Activities:</b> 2.1. Nature, Purpose and pattern of Human Activities: Economic and Non-Economic, Need for innovation. 2.2. Rationale and Relationship of Entrepreneurial pursuits and Human Activities.	II. Preparation of a brief report based on the observations made during study-visit to an enterprise.
<b>3.0. Acquiring Entrepreneurial Values and Motivation</b> 3.1 Entrepreneurial Values, Attitude and Motivation- Meaning and concept. 3.2 Developing Entrepreneurial Motivation and Competency – concept and process of Achievement Motivation, Self-efficacy, Creativity, Risk Taking, Leadership, Communication and Influencing Ability and Planning Action. 3.3. Barriers to Entrepreneurship 3.4. Help and support to Entrepreneurs	
<b>4.0. Introduction to Market Dynamics</b> 4.1. Understanding a Market 4.2. Competitive Analysis of the Market 4.3. Patents, Trademarks and Copyright	
<b>5.0. Project Selection</b> 5.1. Product Identification 5.2. Project Formulation	

## ENTREPRENEURSHIP – 2<sup>nd</sup> Year

Theory	Practical
<b>Detailed Syllabus :</b>  <b>1.0. Entrepreneurial Opportunities and Enterprise Creation</b>  1.1. Sensing Entrepreneurial Opportunities 1.2. Environment Scanning 1.3. Market Assessment 1.4. Identification of Entrepreneurial Opportunities 1.5. Selection of an Enterprise 1.6. Steps in setting up of an Enterprise	<b>Detailed Syllabus</b>
<b>2.0. Enterprise Planning and Resourcing</b> 2.1. Business Planning – Preparation of a Project Report 2.2. Resource Assessment -Financial and Non – Financial. 2.3. Fixed and Working Capital Requirement, Funds, Flows, Profit Ratios, Break Even Analysis etc. 2.4. Mobilizing Resources – Sources and Means of Fund, Facilities and Technologies for starting an Enterprise.	
<b>3.0. Enterprise Management</b> 3.1. General management: Basic Management functions. 3.2. Organizing/Production of goods and services – quality, quantity and flow of inputs. 3.3. Managing Market: Meaning, Functions of Marketing, Marketing Mix: * Product * Price * Place * Promotion (advertising and sales promotion). 3.4. Managing Finance – Sources of Long Term and Short Term Finances, Determination of Cost, Income, Calculation of Profit/Loss. 3.5. Managing Growth and Sustenance -Affecting Change, Modernization, Expansion, Diversification and Substitution. 3.6. Entrepreneurial Discipline – Laws of Land, Ecology, Consumer’s Concept, Adherence to Contract and Credits.	

<p><b>4.0. Industrial Relations and Personnel Management</b></p> <p>4.1. Meaning, Source of recruitment, Internal/External recruitment procedure</p> <p>4.2. Incentives, appraisal and training, Industrial relations, Industrial disputes.</p>	
<p><b>5.0. Report Writing</b></p> <p>5.1. Guidelines</p> <p>5.2. Model project reports</p>	

## Subject Name : Psychology – 1<sup>st</sup> Year

(Subject code : 90000015)

Theory	Practical
<b>Detailed Syllabus :</b> <b>1.0. Psychology Introduction :</b> 1.1. Definition of Psychology 1.2. Methods of Psychology 1.3. Subfields of Psychology 1.4. Schools of Psychology (a) Old (b) New	<b>Detailed Syllabus</b> I. Study until by student to any organization for differently able person with special needs or a centre for the treatment of the mentally ill. With the help of a questionnaire the student will record observation regarding the type of treatment given, different therapies available at the organization/centre, prognosis of the patients improvement in quality of life, support for previous care given to the patient/clients.
<b>2.0 Memory</b> 2.1 A Theory of General Memory Function 2.2 Information Processing Theories 2.3 The Levels of Processing Theories 2.4 The Organization of Long Term Memory 2.5 Retrieval From Long term memory. 2.6 Forgetting	II. Preparation of a brief report based on the observations made during case study-visit to an organization.
<b>3.0 Learning</b> 3.1 Definition 3.2 Classical Conditioning 3.3 Instrumental Conditioning 3.4 Escape Learning 3.5 Avoidance Learning 3.6 Signature of Instrumental Conditioning 3.7 Cognitive Learning	
<b>4.0 Motivation</b> 4.1 Definition 4.2 Motives as References, Explanations and Predictions. 4.3 Theories of Motivation 4.4 A Normal of Biological Motivation 4.5 Biological Motivation 4.6 Social Motives 4.7 Self-Actualization Motivation 4.8 Frustration and Conflict of motives	
<b>5.0 Personality</b> 5.1 Definition 5.2 Theories of Personality	
<b>6.0 Motivation</b> 6.1 Definition 6.2 Etiology 6.3 Diagnosis 6.4 Clinical Features 6.5 Treatment	
<b>7.0 Perception and Attention</b> 7.1 Definition of Perception 7.2 Sensory Processes 7.3 Illusions 7.4 Attention	



<b>8.0 Emotions</b> 8.1 Definition 8.2 Expression and Perception of Emotions 8.3 Physiology of Emotions 8.4 Stress	
<b>9.0 Intelligence</b> 9.1 Definition 9.2 Intelligence Quotient (IQ) 9.3 Intelligence Testing	

## Abnormal Psychology - 2<sup>nd</sup> Year

Theory	Practical
<b>Detailed Syllabus :</b> <b>1.0. Abnormal Psychology</b> 1.1. Definition of Psychological Disorder 1.2. Classification of Psychological Disorder	<b>Detailed Syllabus</b> <p>The Main objective of the course in Psychology is to help the students establish a better rapport with their clients. A basic understanding and knowledge of this subject will enable the students to deal with each client as an individual, while also being aware of his/her unique needs. Also, due to the established mind-body connection, some patients requiring Physiotherapy have a Psychological cause as the basis of their physiological symptoms. Severe physiological symptoms requiring therapy can lead to psychological conditions in the patient. Relevant knowledge of psychology can help sensitize the physiotherapist to the needs of the client and treat the patient in a more holistic manner.</p> <p>Such a course would need to have an experimental component in the form of practical work. The objectives of the practical work are :-</p> <ol style="list-style-type: none"> <li>1. To give the students firsthand experience in field work with hospitals / centers catering to the psycho-physiological needs of patients.</li> <li>2. To develop in the students the skill and sensitivity to deal with each patient as an individual with his or her own unique need.</li> <li>3. To guide the students to prepare a project report.</li> <li>4. To equip the students to make a note of patients psychological conditions in the case history of the patient.</li> <li>5. To instill in the students the right values and a greater understanding of their patients.</li> </ol>

<b>2.0 Schizophrenia</b> 2.1 Definition 2.2 Symptoms 2.3 Subtypes 2.4 Treatment 2.5 Prognosis	
<b>3.0 Paranoia</b> 3.1 Definition 3.2 Symptoms 3.3 Subtypes 3.4 Treatment	
<b>4.0 Manic Depressive Psychosis</b> 3.1 Definition 3.2 Symptoms 3.3 Subtypes	
<b>5.0 Melancholia</b> 5.1 Symptoms 5.2 Treatment	
<b>6.0 Anxiety</b> 6.1 Symptoms of anxiety 6.2 Difference between normal fears and anxiety disorder 6.3 Peripheral manifestations of pathological anxiety. 6.4 Classification of anxiety disorder. 6.5 Treatment	
<b>7.0 Phobia</b> 7.1 Definition 7.2 Symptoms 7.3 Types of phobia 7.4 Treatment	
<b>8.0 Obsessive Compulsive neurosis (OCN)</b> 8.1 Definition of Obsession 8.2 Definition of Compulsion 8.3 Symptoms 8.4 Treatment	
<b>9.0 Hysterical Conversion Disorder</b> 9.1 Definition 9.2 Clinical features (Symptoms) 9.3 Treatment	
<b>10.0 Neurasthenia</b> 10.1 Definition 10.2 Symptoms 10.3 Treatment	
<b>11.0 Personality Disorders</b> 11.1 Definition 11.2 Symptoms 11.3 Classification / Types of Personality Disorders 11.4 Anti-social Personality Disorder (i) Etiology (ii) Treatment	
<b>12.0 Psychotherapy</b> 12.1 Definition 12.2 Types of Psychotherapy	

<b>13.0 Organic Psychosis</b> 13.1 Definition 13.2 Symptoms 13.3 Types of Organic Psychosis (i) Causes (ii) Clinical Features (iii) Treatment (iv) Course and Prognosis	
<b>14.0 Alcohol Related Mental Disorders</b> 14.1 Definition 14.2 Etiology 14.3 Classification 14.4 Treatment and Rehabilitation.	
<b>15.0 Epilepsy</b> 15.1 Definition 15.2 Varieties / Types of epilepsy 15.3 Cause of epilepsy 15.4 Aggravating factors 15.5 Post-ictal disorders 15.6 Epilepsy Vs. Pseudo-seizures 15.7 Status Epilepticus & treatment 15.8 Treatment of Epilepsy	
<b>16.0 Mental Retardation (MR)</b> 16.1 Definition 16.2 Classification 16.3 Etiology 16.4 Diagnosis 16.5 Clinical Features 16.6 Treatment	
<b>17.0 Frustration and conflict</b> 17.1 Definition of Frustration 17.2 Sources of Frustration 17.3 Types of conflict	
<b>18.0 Mental Mechanisms</b> 18.1 Classification	

## **PRACTICAL (Second Year)**

### **Introduction:**

The Main objective of the course in Entrepreneurship is to generate in the students initiative, self reliance and enthusiasm so as to empower them to become entrepreneurs both in spirit and performance. A number of skills such as observation, evaluation, communication, resource mobilization and management, risk assessment, team building etc. is also to be developed in the students. Leadership qualities, sensitivity to business ethics and adherence to a positive value system are the core issues that the course highlights while presenting different concepts related to entrepreneurship.

Such a course should necessarily have a strong experiential component in the form of practical work. The objectives of the practical work are:

- 1 To introduce the students to the world of business by developing in them the core skills and competencies required for an entrepreneur.
2. To develop in the students qualities such as leadership, self-confidence, initiative, facing uncertainties, commitment, creativity, people and team building, integrity and reliability.

3. To enable the students to acquire the skills and knowledge needed for conducting surveys, collecting, recording and interpreting data and preparing simple estimates of demand for products and services.
4. To guide the students to prepare a Project Report.
5. To equip the students with knowledge and skills needed to plan and manage an enterprise through case studies conducted and recorded by the students in different fields such as resource assessment, market dynamics, finance management, cost determination, calculation of profit and loss etc.
6. To instill in the students important values and entrepreneurial discipline.

### **FORMAT**

	<b>Total marks: 30</b>
1. Project Report/Survey Report	10 Marks
2. Viva-Voce on PW /SR	05 Marks
3. Case Study	10 Marks
4. Problem Solving	05 Marks

#### **1. Project Report/Market Survey Report**

**10 Marks**

##### **a) Project Report:**

Preparation of a Project Report for an enterprise involving products/services Students may be provided adequate guidance to choose a project based on their interests and availability of information and authentic inputs in the locality. The specimen proforma of project report given in the textbook may be used for preparing the report. However, mechanical preparation of the report by filling in the information in the proforma should be discouraged.

Further, as the students will be required to appear for a Viva-voce on the basis of their projects, sufficient care should be taken by the students to prepare the report after studying the various aspects involved thoroughly. In a nutshell, the project report should lead to viable enterprise.

##### **b) Market Survey Report**

Market research is the process and technique of finding out who your potential customers are and what they want. The survey may be on products and services already available in the market or students may also conduct surveys for new products and services. The report of the survey should be organised under the following broad headings :

1. Objectives.
2. Methods and tools (interviews ,questionnaires etc.) to be used to collect information.
3. Records of data and information.
4. Analysis of data and information.
5. Interpretation and conclusion.

For example, a survey may be conducted to find out the choice of households in toiletry soap, tooth paste etc. The data may be analysed to establish a pattern that may be useful to an entrepreneur.

## **Guidelines for assessment of Project Report / Survey Report**

1. Presentation: Format, Clarity, Use of graphs, tables and other visuals, organisation, methodical recording of data and information and general neatness of execution. 5 marks
2. Originality and Creativity 3 marks
3. Authenticity of information and correctness of calculations and general feasibility of the project/ sustainability of conclusion drawn in the survey. 2 marks

### **2. Viva Voce on the Project /Market Survey Report**

5 Marks

The questions should establish that the report is the original work of the student and that the student has a reasonably clear understanding of the work carried out by him/her. Entrepreneurial qualities such as leadership, self-belief, creativity, originality, initiative etc. may also be assessed by asking a variety of questions related to the report.

### **3. Case Study**

10 marks

A case study is a focused research on an organisation, enterprise, practice, behaviour or person undertaken to highlight an aspect that the study attempts to examine. For instance, a case study may be conducted on the pollution control methods being employed by an industry. Or a successful industrialist may be chosen as a subject of a case study to analyze and understand the strategies that the industrialist adopted to achieve success.

Ideally, a case study should be conducted on subjects with the objectives of bringing to the fore beliefs, practices, strategies, values etc. that have made them what they are. Such studies help us to understand the way in which great minds think and operate. We may also conduct case studies on failures; why a company collapsed, how a service lost its market etc. From both the types of case study, we learn lessons; how to do something or how not to do something. They also provide valuable insight into the processes involved in an enterprise.

### **A few topics are suggested for carrying out case studies :**

- i) Drawing a profile of a successful entrepreneur.
- ii) Studying a public sector undertaking and highlighting its success/failure, by analyzing the factors responsible.
- iii) Studying a small scale unit in the locality to bring out the procedures and processes adopted by the unit to become a feasible business venture.
- iv) A study of competition in business by choosing two or more rivals in the market and analyzing their strengths and weaknesses.
- v) Take the school itself for a case study and analyze any two aspects of the school plant for chalking out a plan of action: infrastructure, academics, co-curricular activities etc.
- vi) A case study on a thriving fast food shop/restaurant in your locality. What makes it so popular?
- vii) A case study on the ways in which a business unit has mobilised its financial resources.
- viii) A case study on the enterprise management techniques adopted by a business house.
- ix) A case study on the marketing strategies of a successful consumer durable company.
- x) A case study on the financial management of a Public Limited Company.
- xi) A case study on any Specialized Institution that supports and guides the establishment of a small scale unit.

- xii) Studying the balance sheets of two big private companies to assess their trade and credit worthiness.
- xiii) Studying the inventory management of a large manufacturing industry to ascertain the processes involved for optimizing cost.
- xiv) Carrying out a case study on an established industrial house/company to find out the value system of the company and how it fulfils its social commitment/obligations.
- xv) Carrying out a case study on an established industry to ascertain the processes followed to reduce/prevent pollution.
- xvi) Study on environment friendly companies and their contribution to preservation.

### **Assessment of Case Studies**

- i) Presentation: Format, accuracy, clarity, authenticity and general neatness 7 marks
- ii) Analysis and Conclusions 3 marks

### **4. Problem Solving**

**5 marks**

In this session, the students will be required to solve a problem in the form of a written test. The examiner may choose any problem related to the units in class XII Text Book and set it for the class. The problem may be in the following areas :

- a. How to scan the environment to establish the feasibility of a project.
- b. Given certain figures showing the consumption pattern of a product, drawing conclusions that have a bearing on similar products.
- c. Carrying out market assessment for a given product/service to ascertain the feasibility factor.
- d. Assessment of Working Capital.
- e. Calculation of total cost of production.
- f. Calculation of break-even point.
- g. Determining location of a manufacturing unit.
- h. Problems in inventory control (calculation of the Economic Order Quantity and carrying out ABC analysis).
- i. Applying Pricing methods to determine the price of a product or service.
- j. Applying promotion mix to plan a sales campaign for a product or service.
- k. Working out a simple budget for a given task or job.

### **Assessment of Answers**

The examiner may prepare five problems which are solved by him/her before they are presented to the students. The student may choose anyone of the problems and solve it, showing the different steps/different reasons involved in the solution. If the problem does not involve actual calculations, it may not have anyone correct answer. So weightage should be given not only to the final answer but to the entire process of problem solving that the student has followed.

Originality and innovative spirit should be rewarded. The students should not be penalized for pelling errors, grammatical mistakes etc. as long as the answer is coherent. Where definite formulas are involved, accuracy should be given due weightage.

## **LIST OF SUGGESTED REFERENCE BOOKS**

01. Entrepreneurship – Class XI – C. B. S. E., Delhi.
02. Entrepreneurship – Class XII- C. B. S. E., Delhi.
03. Udyamita (in Hindi) by Dr. M.M.P. Akhouri and S.P. Mishra, pub. by National Institute for Entrepreneurship and Small Business Development (NIESBUD), NSIC-PATC Campus, Okhla.
04. Trainer's Manual on Developing Entrepreneurial Motivation, By M.M.P. Aukhori, S.P. Mishra and R. Sengupta, Pub. by (NIESBUD), NSIC-PATC Campus, Okhla.
05. Behavioral Exercises and games – manual for trainers, learning systems, by M. V. Despande, P. Mehta and M. Nandami.
06. Product Selection by Prof. H.N. Pathak, Pub. By (NIESBUD), NSIC-PATC Campus, Okhla.
07. Entrepreneurial Development – Dr. S. Moharana and Dr. C.R.Dash, Pub. by RBSA Publishers, Jaipur.
08. Entrepreneurial Development by S.S.Khanna, Published by S.Chand & Company Ltd., Ram Nagar, New Delhi.
09. Entrepreneurial Development by C.B. Gupta and N.P.Srinivasan, Publisher Sultan Chand & Sons, 1992.
10. Entrepreneurship Development – Principles, Policies and Programmes by P. Saravanel, Publishers Ess Pee Kay Publishing House, Madras.
11. Entrepreneurship, Growth and Development, by Rashi Ali, Pub. by Chugh Publication and Strech Road, Civil Lines, Post Box No. 101, Allahabad-211991.
12. Entrepreneur and Entrepreneurship Development and Planning in India, by D.N.Mishra, pub. by Chugh Publication, Allahabad.
13. Aoudhogik Disha Nirdesh (in Hindi) Pub. by Centre for Entrepreneurship Development, M.P. (CEDMAP), 60, Jail Road, Jhangerbad, Bhopal-462008.
14. Entrepreneur, Industry and Self-employment Project, Part-I and 2(in Hindi), Pub. by Centre for Entrepreneurship Development, M.P. (CEDMAP), 60 Jail Road, Jhangerbad, Bhopal- 462008.
15. Small Scale Industry & Self-Employment Projects, Part-I and 2 (in Hindi), Pub. by Centre for Entrepreneurship Development, M.P. (CEDMAP),60 Jail Road, Jhangerbad Bhopal.

## **Magazines**

01. Udyamita Samachar Patra,(Monthly, Hind), Pub. by Centre for Entrepreneurship Development, M.P.(CEDMAP), 60 Jail Road, Jhangerbad, Bhopal-462008.
02. Science Tec. Entrepreneur (A Bi Monthly Publication), centre for Enterprenurship Development, M.P. (CEDMAP), 60 Jail Road, Jhangerbad , Bhopal -462008.
03. Laghu Udhog Samachar.
04. Project Profile by DCSSI.
05. Project Profile by Pub. Centre for Enterpreurship Development, M.P. (CEDMAP), 60 Jail . Road, Jhangerbad, Bhopal-462008.

**Elective – II - APPLIED SCIENCE (Physics & Chemistry) – 1<sup>st</sup> Year**  
**(Subject Code – 90000021)**

<b>Theory</b>	<b>Practical</b>
<p><b>Detailed Syllabus :</b></p> <p><b>SECTION A : PHYSICS</b></p> <p><b>1.0. Measurement, Units, and Dimension</b></p> <p>1.1 Introduction: Need for measurement, Units and documents, accuracy, precision of measuring instruments.</p> <p>1.2 Types of Errors: Constant error, systematic error, environmental error (errors due to external causes). Error due to imperfection, random error, gross error, percentage error.</p> <p>1.3 Combination of Error: Error due to addition, subtraction, multiplication, division, powers of observed quantities.</p> <p>1.4 Units and Dimensions: Fundamental and derived physical quantities, systems of units in SI systems. Rules for writing units in SI, derived units in SI. Multiples and submultiples of SI units.</p> <p>1.5 Dimensions: dimensional formulae and dimensional equations, dimensional constants and dimensionless quantities, principle of homogeneity of dimensions.</p> <p>1.6 Application of dimensional method of analysis: Conversion of one system of units into another, to check the correctness of an equation, to derive the relationship between different physical quantities.</p> <p>1.7 Order of magnitude and significant figures</p> <p>1.8 Concept of accuracy and estimation of errors</p>	<p><b>Detailed Syllabus</b></p> <p>Perform a simple experiment on measurement and error</p>
<p><b>2.0. Scalars and Vectors</b></p> <p>2.1. Introduction to scalars and vectors</p> <p>2.2. Addition and subtraction of vectors</p> <p>2.3. Product of vectors</p>	



<p><b>3.0. Motion &amp; Force</b></p> <p>3.1. Definition of Motion, Uniformly accelerated motion along straight line</p> <p>3.2. Position time graph and velocity-time graph</p> <p>3.3. Equation of a projectile path</p> <p>3.4. Time of light, Horizontal range, Maximum height of a projectile</p> <p>3.5. Definition and types of forces</p> <p>3.6. Introduction to gravitation, electromagnetic and nuclear forces</p> <p>3.7. Law of conservation of momentum</p> <p>3.8. Elastic and inelastic collisions</p> <p>3.9. Momentum of force, couple and properties of couple</p> <p>3.10. Centre of mass and gravity</p> <p>3.11. Conditions of equilibrium of a rigid body</p>	<p><b>Experiment on gravitational force(example of a ball falling from a certain height)</b></p>
<p><b>4.0. Friction</b></p> <p>4.1. Origin and nature of frictional forces</p> <p>4.2. Laws of static and kinetic frictions</p> <p>4.3. Pressure due to fluid column</p> <p>4.4. Pascal's law and its applications</p> <p>4.5. Newton's formula</p> <p>4.6. Stoke's law</p> <p>4.7. Equation for terminal velocity</p> <p>4.8. Bernaulli's principle and its applications</p>	<p><b>Proof of Stoke's theorem and Bernaulli's principle</b></p>
<p><b>5.0. Dynamics</b></p> <p>3.1 Introduction, Newton's Law of Motion.</p> <p>3.2 Application of Newton's laws – Objects suspended by strings, blocks placed in contact with each other on frictionless horizontal surface, apparent weight in a lift.</p> <p>3.3 Impulse, Law of conservation of linear momentum, Conservation of linear momentum during collision.</p> <p>3.4 Work, power, energy potential Energy (PE), Kinetic Energy (KE), definition &amp; derivation for both, relation between KE &amp; linear momentum.</p> <p>3.5 Conservation and non conservative forces, Work energy theorem, law of conservation of energy in case of freely falling body and vertically projected body.</p>	<p><b>Derivation for Potential energy and kinetic energy</b></p>

<p><b>6.0. Sound waves</b></p> <p>6.1. Waves and oscillations</p> <p>6.2. Progressive waves</p> <p>6.3. Characteristics of transverse waves, longitudinal waves</p> <p>6.4. Sound as longitudinal wave motion</p> <p>6.5. Definition of period, frequency, wavelength giving their relations.</p> <p>6.6. Newton's formula for velocity of sound, laplace's correction</p>	
<p><b>7.0. Thermal expansion</b></p> <p>7.1. Expansion of solids, liquid</p> <p>7.2. Linear expansion, area and volume expansion</p> <p>7.3. Thermal conduction, temperature gradient and coefficient of thermal conductivity</p>	<p><b>Experiment on expansion of solids in a thermal environment</b></p>
<p><b>8.0. Refraction of light and lens</b></p> <p>8.1. Refraction of light: Refraction of monochromatic light, Snell's law, Total internal reflection, Critical angle, Optical fiber, Dispersion of light, Prism formula, Rainbow, Scattering of light</p> <p>8.2. Wave Theory of light: Huygen's principle, Construction of plane and spherical wave front, Wave front and wave normal, Reflection at a plane surface, Polarization, Plane polarized light</p> <p>8.3. Interference and Diffraction: Interference of light, Condition's for producing steady interference, Young's experiment, analytical treatment, expression for path difference and fringe width, Measurement of wavelength by bi prism experiment, Diffraction due to single slit, Rayleigh's criteria, Difference between interference and diffraction</p> <p>8.4. Critical angle, Optical fiber, dispersion of light, Prism formula, angular dispersion and dispersive power</p> <p>8.5. Refraction at single curved surface</p> <p>8.6. Lens maker's equation</p> <p>8.7. Concept of conjugate foci</p> <p>8.8. Magnifying power of simple microscope, compound microscope and telescope</p> <p>8.9. Lens defects</p>	<p><b>Experiment on Refraction of light using a prism</b></p>

<p><b>9.0. Modern Physics</b></p> <p><u>Part A – Electrons and Photons</u></p> <p>9.1. Discovery of electron</p> <p>9.2. Charge and mass of electron</p> <p>9.3. Photo electric current</p> <p>9.4. Einstein’s equation</p> <p>9.5. Photoelectric cell and its applications</p> <p><u>Part B – Atoms, Molecules and Nuclei</u></p> <p>9.6. Bohr’s model</p> <p>9.7. Hydrogen spectrum</p> <p>9.8. Laser as a light source</p> <p>9.9. Wavelength of an electron</p> <p>9.10. Davisson and Germer experiment</p> <p>9.11. Elementary idea of electron microscope</p>	
<p><b>SECTION B – CHEMISTRY</b></p> <p><b>1.0. Basics of Chemistry</b></p> <p>1.1. Importance of Chemistry</p> <p>1.2. Fundamental and derived units and their SI units</p> <p>1.3. Gay-Lussac’s law, Avogadro’s law</p> <p>1.4. Derivation of molecular weight, gram molecular volume</p> <p>1.5. Stoichiometry Mole concept</p> <p>1.6. Equivalent weight, Atomic weight, Molecular weight</p> <p>1.7. Percentage composition and molecular formula</p> <p>1.8. Numerical based on weight-volume relationship</p>	<p><b>Solve Problems based on weight – volume relationship</b></p>
<p><b>2.0. Atomic Structure</b></p> <p>2.1 Characteristics of electron, proton and neutron.</p> <p>2.2 Rutherford model of an atom.</p> <p>2.3 Nature of electromagnetic radiation,</p> <p>2.4 Planck’s quantum theory.</p> <p>2.5 Explanation of photo electric effect.</p> <p>2.6 Features of atomic spectra.</p> <p>2.7 Characteristics of hydrogen spectrum.</p> <p>2.8 Bohr’s theory of the structure of the atom.</p> <p>2.9 Bohr’s explanation of spectral lines.</p> <p>2.10 Failure of Bohr’s theory.</p> <p>2.11 Wave-particle nature of electron.</p>	<p><b>Study of Planck’s quantum theory and Bohr’s theory</b></p>

<p>2.12 de Broglie's hypothesis, Heisenberg's uncertainty principle.</p> <p>2.13 Important features of the quantum mechanical model of an atom.</p> <p>2.14 Quantum numbers, concept of orbitals, define an atomic orbital in terms of quantum numbers – shapes of s, p and d orbitals, state Aufbau principle, Pauli's exclusion principle and Hund's rule of maximum multiplicity.</p> <p>2.15 Electronic configurations of atoms. Explanation of stability of half filled and completely filled orbitals.</p>	
<p><b>3.0 Classification Of Element And Periodicity In Properties</b></p> <p>3.1 The concept of grouping elements In accordance to their properties.</p> <p>3.2 The periodic law.</p> <p>3.3 The significance of atomic number and electronic configuration as the basis for periodic classification.</p> <p>3.4 Classify elements into s, p, d, f blocks and discuss their main characteristics.</p> <p>3.5 Periodic trends in physical and chemical properties of elements.</p> <p>3.6 Periodic trends of elements with respect to atomic radii, ionic radii, inert gas radii, ionization energy, electron gain energy, electro negativity and valence.</p> <p>3.7 Variation of atomic radii in inner transition elements.</p>	Study of Structure of periodic table
<p><b>4.0. Redox Reaction</b></p> <p>4.1. Introduction to Oxidation &amp; Reduction</p> <p>4.2. Electron transfer concept</p> <p>4.3. Oxidising &amp; Reducing agents</p> <p>4.4. Redox reactions in aqueous solutions</p> <p>4.5. Oxidation number and rules for assigning oxidation number</p> <p>4.6. Balancing of chemical equations</p>	
<p><b>5.0. Chemical Equilibrium</b></p> <p>5.1. Introduction: Reversible and irreversible reactions</p> <p>5.2. Rate of reaction and factors affecting it</p> <p>5.3. Chemical Equilibrium</p> <p>5.4. Laws of Mass action, Equilibrium constant, relationship between <math>K_p</math> and <math>K_c</math></p>	Numerical problems based on $K_p$ and $K_c$
<p><b>6.0. Adsorption:</b></p> <p>6.1. Concept of adsorption</p> <p>6.2. Difference between absorption and adsorption</p> <p>6.3. Physical and chemical adsorption</p> <p>6.4. Factors affecting adsorption</p> <p>6.5. Applications of adsorption</p>	Experiment on absorption(example of a sponge) to give the difference between absorption and adsorption
<p><b>7.0 Chemical Bonding and Molecular Structure</b></p> <p>7.1 Kossel-Lewis approach to chemical bonding.</p> <p>7.2 Factors favorable for the formation of ionic bond, energy changes in ionic bond formation.</p> <p>7.3 Crystal lattice energy – calculation of lattice energy – Bom-Haber cycle.</p> <p>7.4 Crystal structures of sodium chloride and Caesium chloride.</p>	

<p>7.5 Properties of ionic compounds.</p> <p>7.6 Covalent bond – VSEPR theory and predict the geometry of simple molecules.</p> <p>7.7 The valence bond approach for the formation of covalent bonds.</p> <p>7.8 Directional properties of covalent bond.</p> <p>7.9 Properties of covalent bond.</p> <p>7.10 Different types of hybridization involving s, p and d orbitals and draw shapes of simple covalent molecules.</p> <p>7.11 Definition of coordinate covalent bond with examples.</p> <p>7.12 Description of molecular orbital theory of homonuclear diatomic molecules.</p> <p>7.13 Bonding, antibonding molecular orbitals, o, n bond orbitals, their symmetry.</p> <p>7.14 Energy diagrams of molecular orbitals of H<sub>2</sub>, N<sub>2</sub> and O<sub>2</sub>.</p> <p>7.15 Concept of hydrogen bond – Types of hydrogen bonds, inter and intra molecular hydrogen bonds.</p> <p>7.16 Effect of hydrogen bonds on some properties of substances with examples.</p> <p>7.17 Different states of matter in terms of balance between intermolecular forces, thermal energy of particles.</p>	
<p><b>8.0. S-block, P-block, d-block &amp; F-block elements</b></p> <p>8.1. Introduction to S &amp; P blocks</p> <p>8.2. Position in periodic table, general electronic configuration</p> <p>8.3. Comparison between alkali and alkaline earth metals</p> <p>8.4. Sodium occurrence, uses of sodium</p> <p>8.5. Methods of extraction</p> <p>8.6. Physical and chemical properties</p> <p>8.7. Difficulties in isolation of fluorine</p> <p>8.8. Methods of preparation</p> <p>8.9. Uses of fluorine</p>	

## Elective – II - APPLIED SCIENCE (Physics & Chemistry) – 2<sup>nd</sup> Year

**(Subject Code – 90000021)**

Theory	Practical
<b>Detailed Syllabus :</b> <b>SECTION A - PHYSICS</b> <b>1.0. Electrostatics</b> 1.1 Gauss's theorem, proof and application 1.2 Mechanical force on unit area of a charged capacitor 1.3 Energy density of a medium 1.4 Concept of a condenser 1.5 Capacity of parallel plate condenser 1.6 Effect of dielectric on capacity 1.7 Energy of a charged condenser 1.8 Condensers in series and parallel  <b>2.0. Current, Electricity and Magnetic effects of electric current</b> <u>Part A – Current Electricity</u> 2.1. Ohm's Law 2.2. Ohmic and non-ohmic resistances , specific resistance, conductance, 2.3. Temperature dependence of resistivity 2.4. Thermistor 2.5. emf of a cell - internal resistance and back e.m.f's 2.6. Kirchoff's laws: statement and explanation, application to wheatstone's bridge for its balance conditions , metre bridge, principle of potentiometer 2.7. Comparison of e.m.f. of cell, determination of internal resistance of a primary cell, Series and parallel combination of cells. <u>Part B – Magnetic effects of electric current</u> 2.8. Biot Savart's law 2.9. Right hand Thumb rule 2.10. Magnetic induction at the center and at the point along the axis of circular coil carrying current 2.11. Flemming's left hand rule 2.12. Definition of Ampere 2.13. Ampere's law and its applications 2.14. Moving coil galvanometer 2.15. Ammeter 2.16. Voltmeter  <b>3.0. Magnetism</b> 3.1. Coulomb's inverse square law 3.2. Couple acting on a bar magnet placed in a uniform magnetic field 3.3. Magnetic moment of a magnet 3.4. Expression for Magnetic induction due to a bar magnet on axial and Equatorial lines 3.5. Superposition of magnetic fields 3.6. Tangent law 3.7. Deflection Magnetometer 3.8. Comparison of magnetic moments in Tan-A and Tan-B positions by Equal distance method and null method	<b>Detailed Syllabus</b> 1) <b>Proof of Gauss's theorem</b> 2) <b>Solve numericals on series and parallel plate capacitors</b>  1) <b>Solve numericals on Ohm's law</b> 2) <b>Experiment on wheatstone's bridge</b>

<b>4.0. Electromagnetic waves</b> 4.1. Electromagnetic waves and their characteristics 4.2. Transverse nature of electromagnetic waves 4.3. Electromagnetic spectrum 4.4. Propagation of electromagnetic waves in atmosphere	
<b>5.0. Electromagnetic Induction</b> 5.1. Laws of electromagnetic induction 5.2. Eddy currents 5.3. Self and mutual induction 5.4. Transformer 5.5. Coil rotating in uniform magnetic field 5.6. Alternating currents 5.7. Reactance and impedance 5.8. Power in a a.c. circuit with resistance, inductance and capacitance 5.9. Resonant circuit	<b>Solve numericals on power in a.c circuit, transformers and resonating circuits</b>
<b>6.0. Semiconductors</b> 6.1. Energy bands in solids 6.2. Intrinsic and extrinsic semiconductors 6.3. p – type and n – type semiconductors 6.4. P – N junction diode 6.5. LED 6.6. Rectifiers 6.7. Zener diode as a voltage regulator 6.8. Solar cell 6.9. Transistor as an amplifier 6.10. Oscillators 6.11. Logic gates	
<b>7.0 Communication</b> 7.1. Space communication 7.2. Ground, sky and space wave propagation 7.3. Satellite communication 7.4. Line communication 7.5. Two wire lines 7.6. Cables 7.7. Optical communication	<b>Study of various types of cables and wires</b>
<b>SECTION B - CHEMISTRY</b> <b>6.0. Electrochemistry</b> 6.1 Electrolytes and Non-electrolytes. 6.2 Faraday's laws of electrolysis. 6.3 Galvanic & Voltaic cells representation 6.4 Nernst equation (No derivation) , e.m.f. calculations.	<b>Experiment on faraday's law of electrosttics</b>
<b>7.0 Nuclear Chemistry</b> 7.1 Composition of Nucleus - Isotopes, Isotones, Isobars, Nuclear stability - Factors effecting Nuclear stability, mass defect, binding energy, Average binding energy, N/P ratio, Magic Numbers). 7.2 Radio-active disintegration and its rate-Half-life and average life. 7.3 Natural and artificial radio-activity, disintegration series-Group displacement law-Types of Nuclear reactions (fission and fusion)-Differences between Nuclear and Chemical reactions- Radio-active isotopes and their applications Idoine 131 , Cobalt 60 , Sodium 24 , C 14 and P 30.	<b>Solve numericals on binding energy and half life rate</b>

<b>8.0 Surface Chemistry</b> 8.1 Adsorption and absorption. Physical and chemical adsorption-distinguishing properties- Adsorption of gases on Metals Adsorption from solutions (Elementary treatment). 8.2 Colloidal state:- True and colloidal solutions – Explanation of the terms - Dispersion medium, dispersed phase, Iyo-phillic and Iyo-phobic sols using the examples; smoke, cloud, blood, milk, starch solution and gold sol. 8.3 Emulsions:- Emulsifying agent and emulsification - its applications. Cleansing action of soap. 8.4 Catalysis - Explanation of the terms – Homogeneous and Heterogeneous catalysis – distinctions with suitable Examples-auto catalysis with one example	
<b>9.0. Acids and Bases</b> 9.1 Theories of Acids and Bases Lowry - Bronsted concept Lewis theory of acids and bases. 9.2 Ionic product of water, PH, Buffers - Numerical problems on these, Indicators - Choice of indicators, PH-range and uses. 9.3 Salt hydrolysis - Types of hydrolysis with examples.	<b>Solve numericals on pH value.</b>
<b>10.0 Alkanes, Akkenes, Alkynes and Aromatic compounds</b> 10.1. Introduction and importance of organic chemistry 10.2. General characteristics of organic compounds Classification of organic compounds	
<b>11. Ethers</b> 11.1 Introduction:- Definition 11.2 Classification:- 11.3 Nomenclature and metamerism 11.4 Preparation, Reactions & Uses	<b>Study of Simple and mixed ethers with examples.</b>
<b>12. Aidehydes and Ketones</b> 12.1 Introduction 12.2 Carbonyl Compounds & classification 12.3 Nomenclature of aldehydes and ketones 12.4 Preparation & reaction of Aldehydes and ketones	
<b>13.0 Acids &amp; Esters</b> 13.1. Introduction, Nomenclature, preparation, Reaction and uses of Acids & Easters	<b>Study of various types of acids</b>
<b>14.0. Amines</b> 14.1. Introduction, Classification and Nomenclature 14.2. Preparation of primary amines 14.3. Reaction of amines	
<b>15.0. Biomolecules &amp; Synthetic Fibres</b> 15.1. Introduction 15.2. Carbohydrates and Proteins 15.3. Fats & Oils 15.4. Classification of Fibres 15.5. Preparation of fibres 15.6. Physical properties and uses of fibres	<b>Study of fibres</b>
<b>16.0. Chemistry in application</b> 16.1. Application of Chemicals in Medicine & healthcare 16.2. Application of chemicals in Food preservatives 16.3. Application of chemicals in Agricultural products	



**Elective –II - Computer Applications– 1<sup>st</sup> year**  
**(Subject Code – 90000022)**

<b>Theory</b>	<b>Practical</b>
<b>Detailed Syllabus :</b>  <b>1.0. Introduction</b> 1.1. Basic Computer and its structural theory 1.2. Input devices 1.3. Output devices 1.4. Storage devices 1.5. Computer types and their applications 1.6. Computer Software/Hardware	<b>Detailed Syllabus</b>  <b>1.0. Computer basics</b> 1.1. Identification of Keyboard, Printer, Monitor Scanner, Webcam, Microphone, Speaker 1.2. Sample collection of various type of storage devices, specifications and charts
<b>2.0. Operating systems</b> 2.1. Various types of Operating systems 2.2. Comparison between the different types of OS 2.3. Network Operating systems and their features 2.4. Microsoft Disk Operating System, its nature and history. 2.5. Unix, features, merits and demerits in using Unix as OS. 2.6. Microsoft Windows, development & growth of MS Windows, features, merits and demerits of MS Windows. 2.7. MS Windows NT, features, merits & demerits 2.8. System requirements for various Operating Systems 2.9. Windows default icons and their applications	<b>2.0. Practice</b> 2.1. Practice of MS DOS commands 2.2. Installation of MS Windows 2.3. Practice on Add/Remove programs 2.4. Practice on My computer, Display properties, My documents, My Network places
<b>3.0. Microsoft Word</b> 3.1. Introduction to MS Office 3.2. MS Word applications 3.3. Creation of Document and file operations 3.4. Formatting features of document 3.5. Modification/ editing documents 3.6. Inserting images, files, tables, symbols and various attributes 3.7. Creating and formatting of tables	<b>3.0. Documentation</b> 3.1. Create and save a document 3.2. Format the text with different font size, font styles 3.3. Setting up different page sizes, orientation. 3.4. Making various type of documents like Bio Data, letters, project reports 3.5. Printing of documents

3.8. Mail merge 3.9. Page layout and design features 3.10. Spell & grammar check in documents 3.10. Print preview & printing of documents 3.11. Converting documents to PDF files.	
<b>4.0. Microsoft Excel</b> 4.1. Introduction to Excel and its applications 4.2. Features of MS Excel 4.3. Outline of Worksheet & Workbook 4.4. Data types 4.5. Study of various menus of MS Excel 4.6. Creation of worksheet, editing worksheets, save, copy & deleting worksheets. 4.7. Functions of MS Excel 4.8. Formulas of MS Excel. 4.9. Types of charts, creation of data Charts, editing and insertion of charts. 4.10. Sort facility 4.11. Interconnecting Charts 4.12. Page setup, printing worksheets, charts... etc. 4.13. Converting Worksheets to PDF files.	<b>4.0. Practice of Worksheets</b> 4.1. Create and save worksheets 4.2. Editing the worksheets 4.3. Formatting worksheets 4.4. Insert charts 4.5. Making worksheets using formulas & functions 4.6. Making worksheets & printing with different formatting effects 4.7. Making worksheets with images, numbers and print them
<b>Theory</b>	<b>Practical</b>
<b>5.0. MS Power point</b> 5.1. General Introduction 5.2. Features & Applications of MS Power point 5.3. Creating Presentations 5.4. Study of different layouts and making presentations using different layouts 5.5. Using different animation effects. 5.6. Add Audio/Voice and visual effects to slides.	<b>5.0. Power Point practice</b> 5.1. Create Slides of different types 5.2. Running presentations 5.3. Add slide transition effects and run slide show 5.4. Make presentations with audio/visual effects. 5.5. Printing PPT files

<p>5.5. Filtration</p> <p>5.6. Converting presentations to PDF files.</p> <p>5.7. Inserting images, symbols to slides</p>	<p>5.6. Making PDF format of PPT files</p>
<p><b>6.0. Networking &amp; Internet Utilities</b></p> <p>6.1. General Introduction of Computer Networking</p> <p>6.2. Requirements/ Applications of Computer Networking</p> <p>6.3. Layouts of Different Networks</p> <p>6.4. Study of various Networking components</p> <p>6.5. Limitations and merits of different topologies</p> <p>6.6. Study of Server/client concept</p> <p>6.7. Internet &amp; its applications</p> <p>6.8. Email and Chatting</p> <p>6.9. E-trading concepts</p> <p>6.10. Downloading files (Text and media files)</p>	<p><b>6.0. Networking practice</b></p> <p>6.1. Identifying different network components</p> <p>6.2. Collecting samples, charts, images of different networking components.</p> <p>6.3. Installation of Network Interface card</p> <p>6.4. Getting connected to Internet and accessing the internet</p> <p>6.5. Creating personalized Email account</p> <p>6.6. Chatting (Text and Voice chat)</p> <p>6.7. Searching/surfing for the information in different sites.</p> <p>6.8. Downloading</p>
<p><b>7.0. Project work</b></p> <p>7.1. Understand the concept of making projects and preparing the project reports.</p> <p>7.2. Preparation of a project using the software skills learned during the course.</p>	<p><b>7.0. Project Work</b></p> <p>7.1. Making a working model/project using MS Excel/Power Point</p> <p>7.2. Project Report</p>

## Elective –II - Computer Applications– 2<sup>nd</sup> year

(Subject Code – 90000022)

Theory	Practical
<b>Detailed Syllabus :</b> <b>1.0. Introduction MS Access</b> 1.1. Objects of learning MS Access 1.2. Applications of MS Access 1.3. Database and Database Management System 1.4. Elements of Database Management System 1.5. Types of Data Bases & the merits & demerits	<b>1.0. Study of overview of MS Access</b>  1.1. Accessing MS Access and its menus to get familiar with it
<b>2.0. Controlling Data Entry</b> 2.1. Restrict Data Entry using field properties 2.2. Establish a pattern for entering field values 2.3. Create a list of values for a field	<b>2.0. Creating Data Tables, Designing Fields and setting field properties</b>
<b>3.0. Joining Tables and creating Queries</b> 3.1. Create Query joins 3.2. Join unrelated tables 3.3. Relate data within a table 3.4. Set Select Query properties 3.5. Create Parameter Queries 3.6. Create Action Queries	<b>3.0. Creating Queries</b>
<b>4.0. Forms &amp; Reports</b> 4.1. Design a Form Layout 4.2. Enhance the appearance of a Form 4.3. Restrict Data entry in forms 4.4. Adding a command button to a Form 4.5. Create a Subform 4.6. Organize report information 4.7. Format the report 4.8. Set Report Control properties 4.9. Control Report pagination 4.10. Summarize Report information 4.11. Add a sub report to an existing report	<b>4.0. Practicing Forms and Reports</b> 4.1. Creating different forms using different layouts 4.2. Data entry in to the forms 4.3. Creating different Reports using different layouts 4.4. Data formatting in to reports

4.12. Create a mailing label report	
<b>5.0. Sharing data across applications</b>  5.1. Import data in to Access 5.2. Export data from Access 5.3. Analyze Access data in Excel 5.4. Export Access data to a Text file 5.5. Merge Access data with a Word document	<b>5.0. Practice:</b>  5.1. Import Excel sheets in to Access 5.2. Import Tables in to Access 5.3. Export Access tables in to Excel format 5.4 Export Access data to a Text file 5.5. Merging data
<b>6.0. Study of Application packages</b>  6.1. Introduction to application oriented software packages 6.2. Study of Railway reservation Package 6.3. Study of different modules and menus available in online Railway Reservation Package 6.4. Study of Banking packages 6.5. Study of Library Management packages 6.6. Study of Inventory control packages 6.7. Study of School Management Packages	<b>6.0. Practice</b>  6.1. Collection of different trial packages 6.2. Visiting Organizations to collect different formats and procedures used in the system 6.3. Creating forms and Reports for the different packages using appropriate data bases
<b>7.0. Project work</b>  7.1. Understand the concept of making projects and preparing the project reports. 7.2. Visiting different organizations to have an idea of different packages 7.3. Preparation of a project using the software skills learned during the course.	<b>7.0. Project Work</b>  7.1. Making a working model/project using MS Access 7.2. Project Report

**Elective – II - Business Mathematics – 1<sup>st</sup> year**  
**(Subject Code – 90000023)**

<b>Theory</b>	<b>Practical</b>
<b>Detailed Syllabus:</b> <b>1.0. Logarithms</b> 1.1. Introduction to logarithms 1.2. Laws of logarithm, characteristics and mantissa	<b>Practice:</b> 1. At least 5 to 10 exercises per chapter 2. One home/class assignment per chapter
<b>2.0. Sets, Relations and functions</b> 2.1. Study of Relation, Function 2.2. Types of functions 2.3. Domain, Co – domain, Range of a function 2.4. Composite and Inverse functions 2.5. Graphs of functions	
<b>3.0. Complex Numbers</b> 3.1. Definition of complex numbers 3.2. Line	
<b>4.0 Quadratic Equations</b> 4.1 Nature of roots of Quadratic Equation 4.2 Sum and Product of roots of quadratic equations 4.3 Formation of Quadratic Equations 4.4 Symmetric functions of roots 4.5 Cubs roots unity	
<b>5.0. Determinants</b> 5.1 Determinant of order three 5.2 Applications of Determinants	
<b>6.0. Trigonometric ratios</b> 1.1. Angles & its measurements 1.2. Trigonometric ratios 1.3. Relation between degree and radian. 1.4. Fundamental identities. 1.5. Examples based on Fundamental Identities 1.6. Trigonometric ratios of sum and difference of two angles 1.7. Factorization formulae 1.8. Inverse trigonometric functions 1.9. Properties of a Triangle	

<b>7.0. Plane Co-ordinate Geometry</b> 7.1. Locus 7.2. Line	
<b>8.0 Partition values and measure of dispersion</b> 8.1 Partition values 8.2 Measures of Dispersion	
<b>9.0. Moments Skewness Kurtosis</b> 9.1 Moments 9.2. Skewness 9.3 Kurtosis	
<b>10.0. Bivariate frequency distribution and correlation</b> 10.1. Bivariate frequency distribution 10.2 Bivariate Correlation 10.3 Rank correlation	
<b>11.0. Permutations and Combinations</b> 11.1 Factorial notation 11.2 Principle of counting 11.3 Permutations 11.4 Combinations	
<b>12.0. Probability</b> 12.1 Types of Event 12.2 Addition Theorem 12.3 Conditional Probability	
<b>13.0. Random Variable and Probability Distribution</b> 13.1 Definition and Types of Random variable 13.2 Probability Distribution of random variable 13.4. Risk and uncertainty	
<b>14.0. Commercial Arithmetic</b> 14.1 Commission Brokerage 14.2 Discount 14.3 Insurance	

## Elective – II - Business Mathematics – 2<sup>nd</sup> year

(Subject Code – 90000023)

Theory	Practical
<b>1.Mathematical Logic</b> 1.1 Statements and logical connectives 1.2 Statement pattern and logical equivalence 1.3 Venn Diagram	
<b>2. Matrices</b> 2.1 Definition and Types matrices 2.2 Algebra Matrices 2.3 Inverse of a Matrix 2.4 Solution of Equations	
<b>3. Limit and Continuity</b> 3.1 Definition 3.2 Algebra of limits 3.3 Application of Standard limits 3.4 Continuity of a function at a point	
<b>4. Differentiation</b> 4.1 definition of Derivative 4.2 Derivative from first principles 4.3 Rules of Differentiation 4.4 Derivative of composite functions 4.5 Derivative of Inverse functions 4.6 Logarithmic Differentiate 4.7 Derivates of Implicit functions 4.8 Derivatives of Parametric functions. 4.9 Second order derivatives	
<b>5. Application of Derivatives</b> 5.1 Increasing and Decreasing functions 5.2 maxima and Minima 5.3 Approximation and Error	
<b>6. Integration</b> 6.1 Definition of an integral 6.2 Integral of standard functions 6.3 Rules of Integration 6.4 Methods of Integrations Integration by parts 6.5 Definite Integrals	
<b>7. Differential Equations</b> 7.1 Definition 7.2 Formation of Differential Equations 7.3 Solution of first order and first degree differential equations 7.4 Applications of Differential equations	



<b>1.Theory of Attributes</b> 1.1 Introduction Notation and class frequencies 1.2 Consistency of data 1.3 independence of Attributes	
<b>8. Regression Analysis</b> 8.1 Introduction 8.2. Data and information 8.3. Tabulation of data 8.4. Graphs and diagrams, scatter diagrams, histograms, bar charts...etc 8.5 Equation of lines of regression 8.6 Regression coefficient and its properties	
<b>9. Numerical Methods</b> 9.1 Finite differences 9.2 Interpolation with equal intervals 9.3 Interpolation with unequal intervals 9.4 Numerical integration	
<b>10. Discrete Probability Distribution</b> 10.1 Binomial Theorem 10.2 Binomial Distribution 10.3 Poisson Distribution	
<b>11. Management Mathematics</b> 11.1 linear programming problem 11.2 Assignment problem 11.3 Sequencing	
<b>12. Demography</b> 12.1 Introduction, definition, Uses of vital statistics 12.2 Measurements of Mortality 12.3 Life tables	
<b>13. Index Number</b> 13.1 Introduction 13.2 Definition and Notations of index numbers 13.3 Types of index number 13.4 Construction of index number 13.5 cost of living index number 13.6 Uses of cost of living index number	
<b>14.0. Spread sheets</b> 14.1. Introduction to spread sheets 14.2. Features and functions of spread sheet softwares 14.3. Use and limitations of spread sheet softwares in business 14.4. Apply spread sheet software to the manual work of chartered management accountant.	<b>Practice:</b> 1. Using spread sheet package 2. Entering data in to Spread sheet 3. Making graphs the selected data using Spread sheet packages 4. Using functions and formulas 5. Making accounts using Spread sheet packages

## **Subject-1 – SOCIOLOGICAL ASPECT OF PHYSICAL EDUCATION (THEORETICAL)** **(Subject code : 40440001)**

### **1st year**

#### **Sociological Aspect of Physical Education**

1. **Role of Physical Education :** Integration development of attitudes, helpfulness, tolerance, patience, team spirit and unity etc.

2. **Objective of Physical Education :** Physical development, mutual development, emotional development, social development, spiritual development.

3. **Effect of Physical Education:**

i) Mental effect -

ii) Physical effect.

4. **Sociological aspects of physical education**

i) Games and sports as man's heritage

ii) Development of the individual through games and sports

5. **History of Physical Education:**

iii) Ancient physical education

iv) Olympics a) Ancient

b) Modern

6. **Principles of Physical Education:**

Meaning of physical education

Definition of physical education : need of understanding the true meaning of physical education, relationship of physical education to education.

II. I **Foundation of Physical Education and Sports:**

i Meaning, nature, need and scope of physical education and sports.

ii Aims and objectives of physical education and sports.

a) Physical development

b) Mental development

c) Social development

d) Emotional development

e) Development of neu-muscular Co- ordination

f) Development of good citizenship

g) Worthy use of leisure.

### **2nd year**

## **OBJECTIVES OF PHYSICAL EDUCATION - (THEORETICAL)**

1. a) **Objectives of Physical Education**

(i) Self realization

(ii) Human relationship

(iii) Economic efficiency

(iv) Civic responsibility

b) **Intermediate or Specific Objectives of physical education:**

(i) Physical development

(ii) Mental development

(iii) Emotional development

(iv) Social development

(v) Spiritual development

c) **Intermediate objectives of physical education**

Enjoyment of participation. Pleasing and satisfying experiences.

2. **Foundation of Physical Education:**

- a) Biological
- b) Psychological
- c) Sociological

**3. Scope of physical education:**

- a) Types of human activities
- b) Classification of exercises

**4. Effects of Physical Education:**

- a) Mental effects
- b) Physical effects

**5. Obstacles facing physical education:**

- a) Public misunderstanding
- b) Lack of leadership

**6. History of Physical Education:**

- a) Physical education

Ancient and Modern physical education.

- b) Prevalent in India
- c) Original contributors – Aristotle, Plato, Faocbel, John and others
- d) Playground movement
- e) Y.M.C.A.
- f) Boy Scouts Association, etc.

**7. What is Psychology**

- a) Place of Psychology in education
- b) Heredity and environment
- c) Physical basis of mental life, reflex action, habit, permanence of habit, its characteristic uses and disuses.
- d) Play theory
- e) Attention and interest
- f) Stages of development
- g) Emotion, characteristics of emotion
- h) Laws of learning, improvement of learning fatigue in learning
- i) Memory, Laws of memory, remembering and forgetting.

**Suitable Study Practical, Study Report, Project, Seminar, type Practical based on above theory should be taken and Journal is prepared.**

## **Subject – 2 – HEALTH and SAFETY EDUCATION (THEORETICAL)** **(Subject code : 40440002)**

### **1st year**

#### **HEALTH EDUCATION : FIRST AID**

##### **Health :**

- 1) Meaning of health, brief description of physical, mental-emotional and social health, inter-relationships among these aspects of health.
- 2) Importance of health for an individual, family, community and nation.
- 3) Favourable and non-favourable factors and conditions as determination of the levels of health and disease on a continuance of health extending from zero health to optimal health. Characteristics of a healthy person.
- 4) Fitness and physical fitness : It's relationship to health sub-components and elements of physical fitness, exercise and health, indicators of physical fitness, improving physical fitness, recreation, relaxation, rest, sleep and posture, dental health, vision, elimination of body wastes, personal health practices.

##### **Health Education :**

- 1) Meaning of health education, its need, scope for school/college students, aim and objectives of health education.
- 2) Health education principle, methods and media of health education.
- 3) Characteristics of health education.
- 4) School/college health programme and opportunities for students participation.

##### **Hygiene:**

Need and importance of personal hygiene, environment, and food hygiene. Associated practices related to maintenance and promotion of health.

##### **Food and Nutrition**

Nutrition status of Indian people, misconception about food, functions of food in the body, body's requirements of various components of foods for athlete, basis for planning diet, food to nutrients.

##### **Mental Health:**

1. Meaning of mental health, foundation factors for mental health, mental health problems of school/college students, characteristics of a healthy personality, principle of mental health.
2. Adjustment process, development of interest, attitudes and habits, development and control of emotions, guidelines for controlling emotions.
3. **NATIONAL HEALTH PROGRAMME**
4. **WORLD HEALTH ORGANISATION** – Organisational structure, activities, co-operation with other International Agencies.

##### **FIRST AID :**

- 1) Definition of first aid.
- 2) Different kinds of bandages, sling.
- 3) Dislocations
- 4) Fractures
- 5) Wounds
- 6) Shocks
- 7) Burns
- 8) Poisons
- 9) Dog bite

10) Ordinary athletic injuries and their care

1. Application of bandages on different parts of the body. Various common dislocation, fractures and to stop bleeding (tourniquets).
2. Artificial respiration.
3. Carrying of patient.

#### **Functions of various organ systems**

- a) Nervous system
- b) The excretory system
- c) The circulatory system
- d) The important Endocrine glands
- e) Skeletal system
- f) Muscular system
- g) Respiratory system
- h) Digestive system
- i) Study of cells and tissues

## **2nd year**

### **HEALTH AND SAFETY EDUCATION (THEORETICAL)**

#### **HEALTH AND SAFETY EDUCATION**

- I. 1) Health programme at home, Laws of health.
- 2) Personal cleanliness: Care of teeth, care of eyes, throat, nose, skin, bad effect of spitting.
- 3) Nutrition – types of food and their values, vitamins, minerals, balance diet, cooking of food, diet and diseases, danger of alcohol and nicotine, value of water, a diet chart.
- 4) Clothing – proper clothing for exercise and other occupation
- 5) Value of sunshine and fresh air.
- 6) Effect of heredity and environment of health.
- 7) Sexual hygiene, family planning, common venereal diseases.
- 8) Fatigue, rest and sleep, inter relation of physical and mental health.
- 9) Preventive measures, Immunity, Sources of infection.
- II. 1) Health programme in school.
- 2) Ventilation, composition of air, modern principals of air conditioning.
- 3) Common ailments of school children, how to detect and how to protect them.
- 4) Health service, routine health parade.
- 5) Methods of proper water supply, proper urinal and lavatory.
- 6) Inspection of fingers, nails, eyes, ears, teeth, clothing and bodily cleanliness of student.
- 7) Maintaining hygienic condition of classroom, latrine, drains, gymnasium and playground.
- 8) Vaccination and inoculation arrangement for the student.

#### **SAFETY EDUCATION**

1. Importance of safety education for preventing accidents its general principles. The need for safety education for teacher in physical education.
2. a) Safety in physical education and sports, principles of safety with respect to building and play fields.
- b) Policies and practices to prevent accident and rendering first aid and treatment.
- c) Principle of safety with respective equipments, dresses etc. Principles of safety with respect to organization of classes, demonstrations and matches.
- d) Accident reporting and maintenance of records.
3. Safety in roads, picnic and tours.
4. Safety in water, fire, floods, hurricane, thunders and lightning and air raids.
5. Measures of life saving emergencies like drowning Asphyxia, head injury etc.

## **Subject – 2 Practical – 1st and 2nd year**

### **PHYSICAL EFFICIENCY TEST**

The skill, technique and performance of the candidates will be assessed by the Teacher(s) responsible for preparing them for the examination.

#### **PRACTICAL**

#### **PHYSICAL EFFICIENCY TEST**

- a) 50 metre run, standing start
- b) Standing long jump
- c) Distance run – 1000 metres for boys. 600 metres run for girls.
- d) Floor push-ups for boys.
- e) Push-ups for girls.
- f) Shuttle run
- g) 60 second sit-up

#### **ATHLETICS**

**Track events** – Sprints, middle and long distance races

Boys – 100 m, 200 m, 400 m, 800 m, 1500 m 3000 m.

Girls – 100 m, 200 m, 400 m, 800 m, (Technique and skill)

**Hurdles** (Track events)

Boys – 110 m and 400 m.

Girls – 100 m

**Field events** – Jumps and Throws

Boys: Broad jump, high jump, triple jump, pole vault, shot put, discus throw, javelin throw, hammer throw.

Girls: Broad jump, high jump, shot put, discus throw (skill and technique from take-off to landing).

#### **MAJOR GAMES**

- 1) Cricket
- 2) Hockey
- 3) Football
- 4) Volley ball
- 5) Basket ball

Soft ball/tennis/badminton - Candidates will be required to demonstrate competency in the rules, skill and fitness training related to the game.

#### **SWIMMING**

Boys - Free style – 100 m, 200 m, 400 m, 800 m,

Breast stroke – 100 m and 200 m.

Diving - Forward dive, backward dive, reverse dive and inward dive.

Girls - Free style – 100 m, 200 m,

Breast stroke – 50 m, 100 m

Back stroke – 50 m, 100 m

Butterfly stroke – 50 m and 100 m

Diving - Forward dive, backward dive, reverse dive and inward dive.

#### **DANCING**

**Indian dancing** - Bharatnatyam, Kuchipudi, Kathakali, Kathak, Manipur, Odissi, Mohiniattam, Bhangra and other folk dances.

**Western dancing** - Ballet, Ballroom, Waltz, Fox Trot, Tango, Samba, Charleston, Square dancing, popdancing, jitterbug, Twist, Rock-and-Roll.

**GYMNASTICS** : Floor exercise

**Boys** Handspring to front somersault (tucked). Two headspring cartwheel to arabesque, arab spring, side

somersault, back roll to handstand cabriole jump throw, flic-flacs. **Girls** Leap and cabriole, step into ball of either foot, flic-flacs, round off, cat leap, legs split in air, cartwheel, handstand.

**Balancing beam**

**(Girls only)** Run 2-3 steps, leap to riding seat with ½ turn, rise to squat stand, ballet stand with ½ turn

leap on either foot, step forward leap, changing legs to rear leap, lunge to side, stag leap, one arm cartwheel.

**Boys only** Parallel bar Vaulting horse Horizontal bar

**YOGA**

- 1) Vrishasana
- 2) Garuda asana
- 3) Utitha Trikonasana
- 4) Utitha Pravakonasana
- 5) Virabhadrasana I
- 6) Virabhadrasana II
- 7) Padakastasan
- 8) Adho Mukha Shvana asana
- 9) Parvata asana
- 10) Supta Vijrasana
- 11) Ushtrasana
- 12) Dhanur asana
- 13) Andhra Chandra asana
- 14) Matsya asana
- 15) Upa Vista Kona asana
- 16) Jaru Shipsha asana
- 17) Paschimottom asana
- 18) Andhra Matsya asana
- 19) Paripoorna Nav asana
- 20) Mola asana

## **Subject – 3 – Organisation & Administration of Physical Education (THEORETICAL) (Subject code : 40440003)**

### **1st year**

#### **Organisation and Administration of Physical Education**

- a) Definition of organization and administration, purpose of organization and administration, branches of physical education to be organized. Physical education different agencies.
- b) Physical education in schools and colleges-leadership, facilities, physical education and parks and playgrounds – programmes, organization of competitions, major games, athletics, aquatics, boxing wrestling, gymnastics, test and measurement, organization of health education, organization of service programme, youth camp, planning of physical education, recreation and youth service. Layout of track and other games.
- c) Physical education and sports, sports talent search, scholarship, coaching scheme, Rural sports, Woman sports, National physical fitness programme, Scouting and Guiding.
- d) Organisation of Olympics, Asian games and Commonwealth Games and the countries usually. Participating in them should be taught.
- e) Various terms and terminologies connected with each game should be clearly defined.

#### **METHOD IN PHYSICAL EDUCATION**

Meaning of the term “Method” and factors to be considered determining the method of teaching, learning process and condition of learning.

##### **a) Age and Sex characteristics**

- i) Pre-school, Primary school, Middle school, Higher Secondary school.
- ii) Sex differences of boys and girls.
- iii) Activity planning according to age and sex characteristics.
- iv) Physiological, psychological and sociological needs.

##### **b) Method of teaching : (With special reference to:-)**

- i) Calisthenics/squad drill (different kinds of physical activities)
- ii) Gymnastics
- iii) Major games
- iv) Minor games
- v) Rhythmic activities
- vi) Athletics

##### **c) Principles of teaching**

- i) Simple to complex
- ii) Whole to complex
- iii) Learning by doing
- iv) Intrinsic and extrinsic motivation
- v) Material taught and capacity of the learner
- vi) Frequency and duration of instruction periods
- vii) Factors in teaching.

##### **d) Command and class management**

- i) Types of command – Situation when used different command.
- ii) Types of formation.
- iii) Class management – Principle of good class management.



## **2nd year**

# **Organisation & Administration of Physical Education**

### **METHODS OF PHYSICAL EDUCATION AND RECREATION**

1. Main topic a) Introduction

b) Teachers

c) Pupil

d) Subject

e) Physical education of the handicapped

f) Safety education

2. Introduction

a) What is teaching

b) Factors in teaching

c) Teaching methods in physical education

d) Fundamentals of teaching Teacher

a) The idea of teacher.

b) Functions of the teacher together with the function of the School and of education.

c) Attributes of a good teacher – Preparation, voice and mental social qualities, position of the teacher.

d) Self-examination of the teacher.

e) Number of students in one single class. Pupil

a) General qualities of the pupil.

b) Relation between the teacher and pupil.

c) The nature of pupils.

d) How does the pupil learn ? Laws of learning.

e) Evaluation. Subject

a) Aim of lesson

b) Lesson plan

c) Class arrangements- formal and informal.

d) Progression

e) Signs of success

f) Modification of the lesson – according to age, according to the object of the teacher, according to the effects of environments.

g) Brief points in teaching.

### **METHODS OF TEACHING**

a) Calisthenics

b) Squad drill

c) Major and Minor games

d) Rhythmic activities

e) Athletics

f) Command and class management.

## **Subject – 3 (PRACTICAL) 1st and 2nd year**

### **Organisation & Administration of Physical Education**

#### **METHOD OF COACHING AND OFFICIATING**

##### **1. Individual sports :**

- a) Swimming
- b) Gymnastics
- c) Athletics

##### **2. Team sports:**

- a) Football
- b) Cricket
- c) Hockey
- d) Basket ball
- e) Volley ball
- f) Kabaddi
- g) Kho-kho

##### **3. Recreational sports :**

- a) Soft ball
- b) Tennis
- c) Badminton
- d) Net ball
- e) Throw ball
- f) Minor games

##### **4. Rhythmics:**

- a) Folk dances of India
- b) Creation songs
- c) Basic step of rhythms
- d) International folk dance.

##### **5. Combatives:**

- a) Judo
- b) Wrestling
- c) Boxing

##### **6. International Sports :**

- a) Gymnastics
- b) Aquatics
- c) Athletics
- d) Recreational sports and camping

##### **7. Camping :**

- a) Outgoing, picnic, day camp
- b) Excursion, overnight trips, camps
- c) Hiking
- d) Trekking and Mountaineering
- e) Week-end camp

##### **8. National Integration:**

- a) Ideals and citizenship
- b) The national flag
- c) National and community songs
- d) Celebration of national festivals and school festivals.

#### **YOGA**

- 1. Vrishasana 2. Utitha Trikonasana
- 3. Parivrtta Trikanasana 4. Utitha Pravakonasana
- 5. Purivrita Parvakonasana 6. Virabhadrasana
- 7. Uthitha Hasta Padangusthanana 8. Parasuottansasan

9. Ushtrarsan 10. Gurudasan
11. Padakastasan 12. Navasrna
13. Vajrasana 14. Supta Vajrasana
15. Kukutasana 16. Jannsirasaana
17. Ardha Buddha Padma paschimattanasana 18. Triang Mahaikapada Paschimatanasana
19. Moridriasana 20. Akanrava Dhannrasana

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